

Dementia immediate post-diagnostic checklist (6-8 weeks, cover over multiple visits)

- Goals for care*** – consider person with dementia as well as family/care partners
- Education*** – answer questions about the diagnosis, prognosis and treatments
 - Refer to [Dementia Australia](#), [Forward with Dementia](#)
 - Provide local dementia information (produced by each PHN)
- Brain health*** – Discuss exercise, staying cognitively and socially active, limit alcohol and drugs, stop smoking, healthy diet
- Medications** – What to start and what to stop?
 - Consider starting specific medications for dementia
 - Review and consider stopping current medications, especially those with anti-cholinergic load
- Driving** – discuss driving and planning for driving cessation (See [Austroads - Dementia](#))
- Legal *** – will, enduring powers of attorney (legal/financial, lifestyle, medical), advance care directive
- GP management plan or Team Care Arrangement*** – update or develop considering dementia diagnosis
- Family/care partner support***

* Practice nurse may assist with these tasks.