

# Dementia regular review checklist

**Possible referrals (offer repeatedly).** Your PHN's dementia pathway will list local services.

DOMAIN	Ask about	General Practice Team	Possible referrals (offer repeatedly). Your PHN's dementia pathway will list local services.
<b>Cognition</b>	Memory Planning Judgement Communication	<ul style="list-style-type: none"> <li><input type="radio"/> Encourage physical activity, mental stimulation &amp; social engagement</li> <li><input type="radio"/> Enduring power of attorney</li> </ul>	<ul style="list-style-type: none"> <li><input type="radio"/> Local dementia activity group</li> <li><input type="radio"/> <a href="#">Dementia Australia</a> (programs for people with dementia)</li> </ul>
<b>Function</b>	Daily function Social participation Hobbies Meaningful activities Driving	<ul style="list-style-type: none"> <li><input type="radio"/> Encourage rehabilitative strategies to maintain skills and continue usual activities</li> <li><input type="radio"/> Home hazards assessment</li> <li><input type="radio"/> Family education</li> </ul>	<ul style="list-style-type: none"> <li><input type="radio"/> <a href="#">My Aged Care</a></li> <li><input type="radio"/> Home Medication Review – Webster pack</li> <li><input type="radio"/> Occupational Therapy – meaningful engagement, home safety</li> <li><input type="radio"/> Speech pathology (communication)</li> </ul>
<b>Mental health</b>	Depression Anxiety Hallucinations Delusions Paranoia	<ul style="list-style-type: none"> <li><input type="radio"/> Mental Health Treatment Plan</li> <li><input type="radio"/> Family/carer education</li> <li><input type="radio"/> Consider medications</li> </ul>	<ul style="list-style-type: none"> <li><input type="radio"/> <a href="#">Dementia Australia (family education)</a></li> <li><input type="radio"/> Old age psychiatrist</li> </ul>
<b>Behaviours</b>	Agitation Frustration Apathy	<ul style="list-style-type: none"> <li><input type="radio"/> Family/carer education de-escalation/ distraction/meaningful engagement strategies</li> <li><input type="radio"/> Consider psychosocial and psychotropic management</li> </ul>	<ul style="list-style-type: none"> <li><input type="radio"/> <a href="#">Dementia Support Australia</a></li> <li><input type="radio"/> <a href="#">Dementia Australia (family education)</a></li> <li><input type="radio"/> Old age psychiatrist</li> </ul>
<b>Physical health</b>	Walking Balance Coordination Hearing Vision Dentition Swallowing Continence	<ul style="list-style-type: none"> <li><input type="radio"/> Management of other chronic conditions</li> <li><input type="radio"/> Medication review</li> <li><input type="radio"/> Review falls risk</li> <li><input type="radio"/> Review diet, eating and monitor weight</li> <li><input type="radio"/> Frailty assessment</li> </ul>	<ul style="list-style-type: none"> <li><input type="radio"/> Exercise physiology, physiotherapy</li> <li><input type="radio"/> Local seniors exercise or falls prevention program</li> <li><input type="radio"/> Continence aids support</li> <li><input type="radio"/> Speech pathology (swallowing)</li> </ul>
<b>Carer needs</b>	Stress Mood Social support	<ul style="list-style-type: none"> <li><input type="radio"/> Encourage carer to self-care, take breaks, consider respite</li> <li><input type="radio"/> Involve extended family</li> </ul>	<ul style="list-style-type: none"> <li><input type="radio"/> <a href="#">Dementia Australia</a></li> <li><input type="radio"/> Local Dementia Support Groups</li> <li><input type="radio"/> <a href="#">Forward with Dementia</a></li> <li><input type="radio"/> <a href="#">Carer Gateway</a></li> </ul>